### Get In Touch

# CRISIS NUMBERS

#### HOPELINE

On your cell phone, put the number 741741 in the "to" section. Type in the word "HOPELINE" in the message area. Click Send.

#### **National Suicide Prevention Lifeline**

(24/7) 800-273-8255

#### 988

(24/7 Suicide & Crisis Lifeline)

#### Northwest Connections

(24/7 Mental Health and AODA Hotline) 888-552-6642

Polk County Behavioral Health 715-485-8400

\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ .

#### **Resources for Older Adults**

Adult Protective Services Adult-At-Risk and Elder Abuse 715-485-8400

Aging and Disability Resource Center of Northwest Wisconsin

877-485-2372

#### Suicidepreventionlifeline.org



The Mental Health Task Force of Polk County (MHTF) works to improve mental health in our community through education and innovative programming. The goal of the MHTF is to work collaboratively with community partners to:

- Increase mental health literacy.
- Improve access to mental health services.
- Reduce suicides to zero in Polk County.

For more information about trainings and educational events we offer, or to volunteer, please visit our website:

### WWW.MENTALHEALTHPOLK.ORG

## FOLLOW US ON SOCIAL MEDIA:



@mentalhealthtaskforce.polk

<u>@mentalhealthtaskforcepolkco</u>



# MENTALHEALTH TASK FORCE OF POLK COUNTY

# A GUIDE TO MENTAL HEALTH SERVICES IN POLK COUNTY, WI

PO BOX 432 ST. CROIX FALLS, WI 54024 MAIL@MENTALHEALTHPOLK.ORG

MENTAL HEALTH RESOURCES	Contraction	. Jocation	A COIN	Stille Of State	MANUEL DE	This Contraction of the second	AND STORES	ALL CHE	Chine Hot	ALINE DATES
Amery Behavioral Health Center - Outpatient healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0060	Amery								MA, MC, PI
Amery Behavioral Health Center - Inpatient healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0070	Amery							(18+)	MA, MC, PI
Amery Programs for Change healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0060	Amery								MA, MC, PI
Family Therapy Associates	715.246.4840	St.Croix Falls								MA, PI, SF
Higher Ground Family Therapy highergroundfamilytherapy.com	715.440.5245	Osceola								SF
Travis Hinze, PhD, Licensed Psych.	800.994.4693	Osceola						N, C, P		MA, MC, PI
Hope Road Wellness Center hoperoadwellness.com	715.869.6484	Frederic								MA, MC, PI, SF
House of Hope thehouseofhope3.com	715.483.3000	Osceola								MA, PI, SF
Inner Peak Counseling and Consulting innerpeakcounseling.com	715.994.2776	Amery								MC, PI
NorthLakes Community Clinic	715.986.2640	Turtle Lake					$\checkmark$	С		MA, MC, PI, SF
Northwest Journey Day Treatment nwcgc.com/northwest-journey/	715.268.5404 715.349.2829	Amery Siren								MA, PI
Northwest Passage, LTD nwpltd.org	715.327.4402	Frederic								PI
Peace Tree Counseling peacetreecounseling.com	715.417.3241	Osceola						N, C, P		MA, PI, SF
Polk County Behavioral Health polkcountywi.gov/polkcountybhdept/	715.485.8400	Balsam Lake								MA, MC, PI, SF
Reflections Counseling of Northwest Wisconsin reflectionscounselingnwwi@outlook.com	715.318.1319	Balsam Lake								PI, SF, MA
St. Croix Valley Counseling, LLC stcroixvalleycounseling.com	715.961.1055	St.Croix Falls								PI, SF, MA
St. Croix Health Behavioral Health saintcroixhealth.org/our-services/behavioral-health/	715.483.0243	St.Croix Falls								MA, MC, PI, SF
Thoen Counseling Services	612.554.8914	Osceola						С, Р		MA, PI, SF
Whole Life Services	715.939.1248	Amery								MA, PI, SF

\*All organizations listed accept private insurance (Medica, Blue Cross, Health Partners, etc.) or allow for self-pay.

PAYMENT KEY: MA = Medical Assistance (Badger Care, Medicaid, Benchmark) MC = Medicare

SF = Sliding Fee Scale

PSYCHOLOGICAL TESTING KEY: N = Neurological Psychological.

**KEYS**:

**C** = Court Ordered.

P = Psychological

PI = Private Insurance

THE MHTF IS A NOT FOR PROFIT, 501(C)(3). IF YOU WISH TO GIVE A GIFT IN MEMORY OR IN TRIBUTE TO SOMEONE, OR MAKE A GENERAL DONATION, VISIT THE WEBSITE OR MAIL TO: MHTF OF POLK COUNTY | PO BOX 432 | ST. CROIX FALLS, WI 54024